



VETERAN WORKERS

WHO ARE VETERAN WORKERS?

Though not specifically defined by OH&S, a “veteran worker” is any worker 55 years of age and older. Typically, these workers have decades of work experience. There are a variety of accident types that injure veteran workers, but “falls on same level” are the most significant.

WHY ARE VETERAN WORKERS AT RISK?

Typical reasons why veteran workers are injured include:

- Normalized risks associated with falls
- Pre-existing injuries and health challenges increases the severity of the fall injuries
- Reduced dexterity
- Slower reaction time
- Carrying loads
- Unaware of changing ground conditions

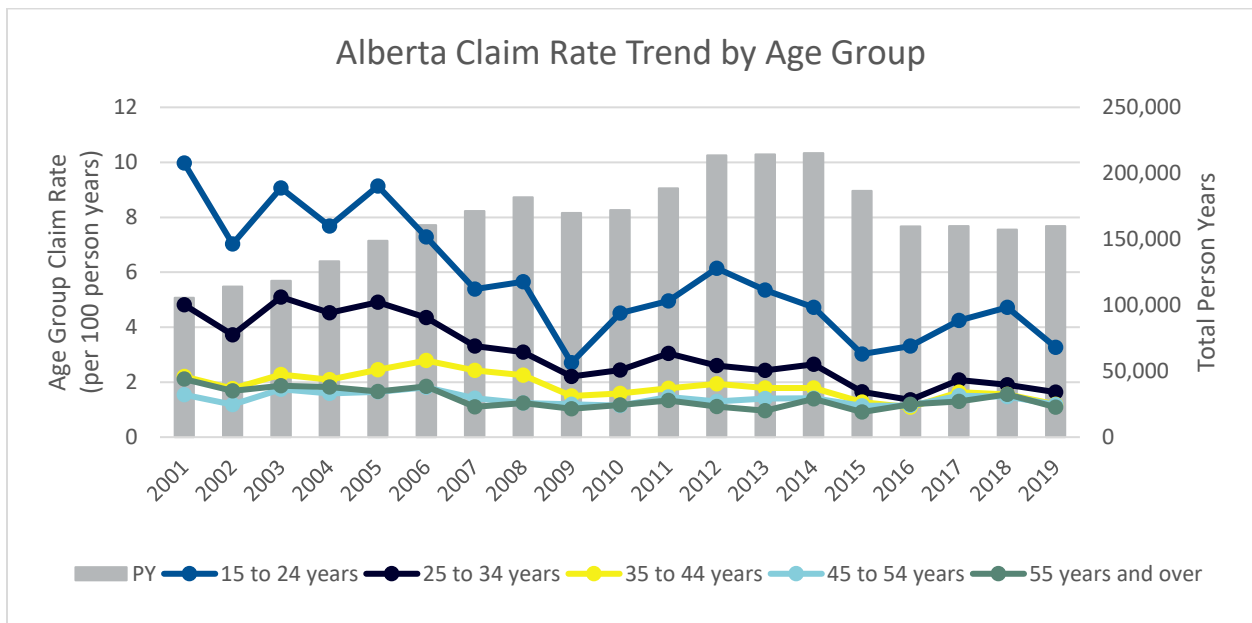
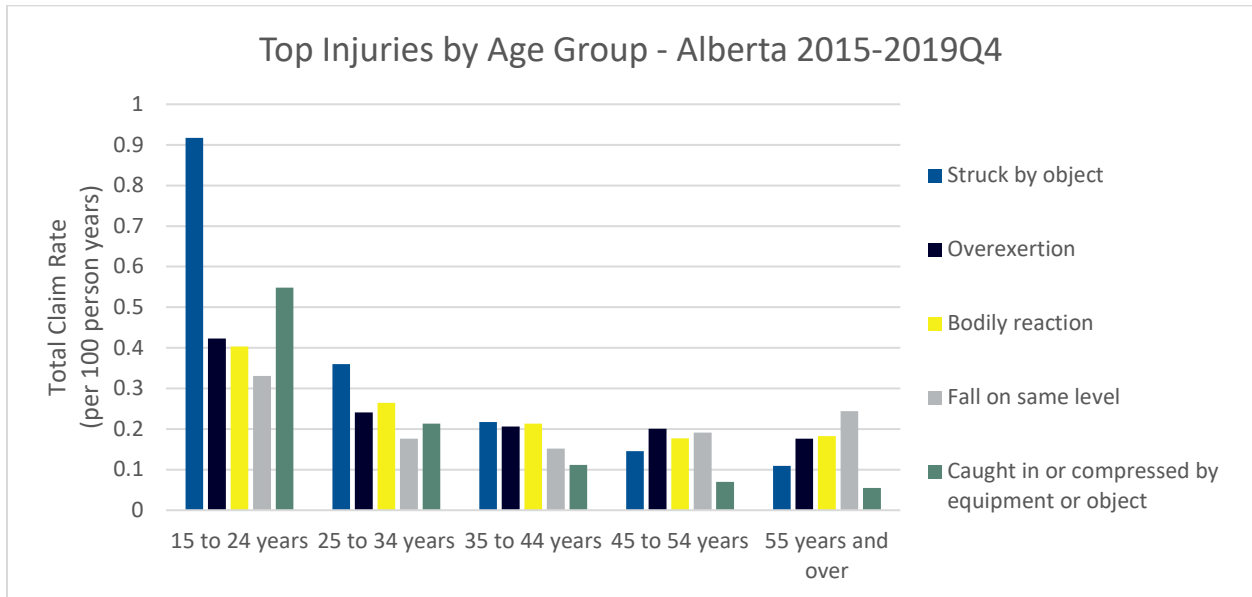
WHAT CAN BE DONE TO ADDRESS THESE RISKS?

- Fitness to work
- Knowing how to fall to minimize injury
- Warm up to work with some light stretching
- Ergonomic assessments
- Use of engineering tools and fittings to minimize exerted force
- Management of change with respect to job scope and assigned workforce

RESOURCES:

- [Industry Growth and Worker Injury by Age Groups](#)
- [Energy Safety Canada General Safety Bulletins](#)

UPDATED FEBRUARY 6, 2020 – DATA AS OF 2019 Q4



Note: Certain injuries are not reflected in these charts. Injuries caused by exposures over many years (e.g., noise) have been excluded.

Data Disclaimer: While every reasonable effort has been made to ensure the accuracy of the data used in this report, data should be read as indicative of scope rather than exact figures. The variable nature of WCB Alberta claims management may be reflected in the data shown.