

# LIFE SAVING RULES

An Industry Accepted Standard

SAFETY BULLETIN

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# LIFE SAVING RULES

An Industry Accepted Standard

- The Safety Standards Council was established with executive representation from companies of varying sizes across industry sectors to develop Life Saving Rules (LSRs) and a Common Safety Orientation (CSO)
- The Council has agreed to support their adoption, creating a critical mass to lead the way for industry
- A common set of LSRs establishes a consistent approach to serious injury and fatality prevention
- Life Saving Rules are foundational to the CSO
- The CSO will be released to industry on November 1, 2018 – it is an online course introducing new workers to key concepts to help them work safely in the oil and gas industry

## 10 LIFE SAVING RULES:



CONFINED SPACE



WORKING AT HEIGHT



WORK AUTHORIZATION



ENERGY ISOLATION



LINE OF FIRE



BYPASSING SAFETY CONTROLS



DRIVING



HOT WORK



SAFE MECHANICAL LIFTING



FIT FOR DUTY

## RESOURCES:

- [LSR and CSO Overview Presentation](#)
- [Life Saving Rules Overview](#)
- [LSR Industry Accepted Standard](#)
- [Case for Change](#)
- [Explanation Guide](#)
- [FAQ](#)
- [Example Accountability Models](#)
- [LSR Store](#)

To learn more about Energy Safety Canada's Life Saving Rules Program visit [energysafetycanada.com](http://energysafetycanada.com).

